

**What our  
clients have  
to say .....**

'Kids Trust counselling is helping me come to terms with the bullying I endured for so many years at school.'

'When life at home seemed unbearable the support and help from Kids Trust was immense.'

'Kids Trust has helped my young son to stop feeling guilty about his home situation which isn't his fault anyway.'

'Going for counselling to Kids Trust has literally saved my sanity.'

'Kids Trust has taught my kids coping techniques to deal with their verbally abusive father.'

'When I finally felt able to recount some incidents in Kids Trust counselling, it was explained to me that I'd been abused as a child, and I shouldn't be feeling ashamed. Now I feel that I can move on.'

'I dread to think how my daughter would have coped had I not been recommended to contact Kids Trust.'

Teachers, parents, doctors and concerned individuals can phone 0161 710 3710 – in strictest confidence.

All our counsellors are registered practitioners and conform to BACP / UKCP practice guidelines.



*Providing Counselling and Support  
for 'Teens in Crisis'  
and Their Families*

Tel – 0161 710 3710

Email – [info@kidstrust.org.uk](mailto:info@kidstrust.org.uk)

*Kids Trust is the trading name of Keshorim UK, a registered charity in England and Wales, Charity Number 1115104*

Teachers, Doctors, Rabbonim and Parents  
are at their wits end

## Crisis in the Community

Many children in the community are exposed to:

Drugs, Alcoholism

Bullying, Peer pressure

Low self esteem

Abuse, Addiction

Rebellion, Gambling

Eating disorders

Internet abuse

**The most recent national figures showed that over one in ten children suffers from mental health related issues.**

**Kids Trust has helped 240 people (approx) in our community over the past two years.**

## KIDS TRUST HELPS

**Kids Trust provides support, counselling and advice to youths and teens in crisis, and their families.**

**Kids Trust acts as a specialist referral and signposting service for children, teens, parents and their providers.**

- Kids Trust also specializes in supporting the specific cultural requirements of the members of the Jewish community that currently do not access the services available.
- Kids Trust enables teens in crisis to realize their potential, turn their lives around, sustain employment and become fully functional and productive members of society.
- Kids Trust enables the families of teens in crisis to deal with their situation and get on with their lives.